



# THE CITY OF PARRAMATTA ART SOCIETY

*invites you to our next*

# ONE DAY WORKSHOP

## ALL WELCOME!!

**Sunday 15th March 2026**

## Ashley Frost

### Exploring Colour and Gesture in the Landscape

**Topic:** *Semi Abstract with mixed media*

**Venue:** *Hunter Street Gallery  
Parramatta*

**Time:** *9.30am set up  
Start at 10.00am to 4pm*

**Fee:** *\$90.00*

**Parking:** *Free street parking on Sundays  
and Parking Station is free  
for the first 4 hours.*

**Provided:** *Tea & coffee, BYO lunch.*



### IN MY OWN WORDS

*Please bring an image with less detail and broader planes of colour to work from. The workshop will start with a series of drawing exercises. This will be followed by a series of preparatory ink studies that enable spontaneity and direct mark making to find gesture in the landscape. We will then move onto pallet work. Expect to start your painting like never before and to expand your sense of colour, line and form. You will also develop skills using inks and apply them to develop gestural and tonal studies. All this knowledge will be utilised to create a major work in the form of a painting on board or canvas.*

**A**SHLEY Frost was born in Sydney then moved to New York City where he started art school in his early twenties. He is very much a location driven artist creating bodies of works during residencies and field trips in Australia and abroad. Where sea meets land and night meets day Frost immerses himself in what he describes as a convergence of light and place.



*Wodi Wodi Track 2024. Oil on board.*

He has had art residencies in Texas, Antarctica, Norway and Long Island, New York. His works are in collections around Australia including *Mosman Art Gallery, Wollongong City Gallery and the University of Wollongong* as well as private collections around the world. He currently works between his studio on the East coast of Australia and Long Island, NY.

### WORKSHOP SUGGESTED MATERIALS

**Support:** Painting **paper**, canvas **boards**, primed stretched canvas, sketchbook for notes and support drawings, anything from 30-50cm, or primed paper no less and 300GSM

**For unprimed** canvas or board and if working on paper with acrylic or oils, you will need **gesso for priming**. 1 or 2 sheets of 58x76cm Stonehenge paper, Charcoal, Pastel, any water based materials.

**Oil Painting: Paints, brushes, rags** and lidded jars, odourless solvent & linseed or stand oil, 2 variations of Yellow, Red and Blue, white & burnt or raw umber to mix a coloured black, **2 palette knives, 2 palettes**, clear perspex, wooden or disposable palette.

**ATTN:** you may want to transport the palette back from the workshop with wet paint, rather than disposing of the unused paint.

**For oil and acrylic painting:** a variety of brushes including some firm hog hair & softer synthetic brushes plus one or two large house painting brushes.

**Acrylics:** Acrylic painting medium such as impasto medium or open medium.

**Watercolour and Gouache painting: 2 or 3 brushes**, a small round, a Chinese **calligraphy brush** and a wide brush.

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**Web:** [www.ashleyfrost.com.au](http://www.ashleyfrost.com.au)

**Instagram:** [ash\\_\\_\\_frost](https://www.instagram.com/ash___frost)



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# BOOKING DETAILS

Workshop Name: \_\_\_\_\_

Workshop Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

**To book your place, please contact Caroline Pullinger:**

Phone: 0401 083 645

Email: [carolinepullinger@gmail.com](mailto:carolinepullinger@gmail.com)

## Details Required

Name: .....

Phone number: .....

Email address: .....

Bank details: BSB ..... Account Number .....

## Fees

The fee is **\$90** and can be paid by direct deposit, cash or cheque.

Placement guaranteed on Payment

Please arrive at 9.30am for 30min setup. Workshop starts at 10am to 4pm.

Workshops are held in the Parramatta Art Society Studio at: 6/4-14 Hunter Street Parramatta.

## Method of Payment

### Direct Deposit (preferred)

Parramatta Art Society  
BSB: 112879  
ACC: 427010451  
Include Reference:  
WS+Family name

### Cash or EFTPOS

Drop into:  
Parramatta Art Society  
Shop 6  
4-14 Hunter Street  
Parramatta

### Online

Available at:  
Parramatta Art Society  
website on Workshop  
Registration page:  
[www.parra-artsociety.com](http://www.parra-artsociety.com)

## Terms and Conditions

Bookings are essential.

There will be **no refund** for individual cancellations, unless we can replace your position.

CPAS reserves the right to cancel any workshop if minimum number is not reached.

FULL REFUND will be given in this case.

Announcement of cancellation will be done

**2 weeks in advance** unless it is due to unforeseen circumstances.

**PLEASE NOTE:** No lunch is provided so please BYO. Tea & coffee are provided.